

Power Green Smoothie



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3 cups ice cubes

2 cups baby spinach leaves

1 (7 oz.) can crushed pineapple

½ cup water

1 banana, cut into chunks

1 orange, peeled and segmented

10 fresh mint leaves, or more to taste

1 lemon, juiced

1 lime, juiced

Blend ice, spinach, pineapple, water, banana, orange, mint, lemon juice, lime juice in a blender until smooth.

Recipe Note: You can add a variety of “power greens” in place of the spinach.

Enjoy!